

Station #1

Remove ladder from Apparatus & Replace it to
hooks

Sit Behind steering Wheel of Apparatus with back
against seat,

Grasp steering wheel @ 10 and 2 O'clock and touch
brake and accelerator

Supplies:

E-3,

Roof Ladder

Traffic cones.

Staff station with 1 person

Station #2

Candidate will have 10 min and 30 seconds to complete station 2 thru 6

Place hose pack on shoulder

Ascend ladder to scaffold deck

Place hose pack on deck

Dismount ladder

Pull rope connected to hose rolls till you touch marked area

(use hand over hand technique up and down, do not let rope slide through hands)

Descend ladder to ground

Procede to next station.

Supplies:

100' 1-3/4" hose made into a high rise pack

100' 2-1/2" hose rolled

100' section of rope

Duct tape

3 bucks scaffolding

5- 4x8 sheets OSB

Drill / Zip ties

24' ladder

Staff with 2 personnel

1 staff remains on deck 2nd, staff follows candidate up & down ladder

Station #3

Simulated roof venting

Candidate drives weight with a plastic sledge hammer to pre marked distance on sled

Then proceed to next station

Supplies:

Sled

Hammers

Staff station with 1 person

Station #4

Victim Drag

Candidate will drag a rescue dummy down corridor around traffic cone and return to start finish line. Start finish line will be marked on floor and dummy must be completely across finish line prior to moving to next station

Supplies:

Rescue Randy
Harness for Rescue Randy
Duct tape
Traffic cone

Staff with 2 personnel
1 staff to be safety for candidate 1 to monitor finish line.

Station #5

Hose Maze

Candidate will have mask covered obscuring vision
You will follow a hose line for 100' crawling on
hands and knees
Crews will be in place to protect candidate from
injury

Supplies:

Nomex hood
150' 1-3/4" hose
Duct tape

2 staff needed

Station #6

Stair Climb

Candidate will pick up 2 sections of rolled 2-1/2”
hose

Candidate will ascend 3 floors of stairs and pass
around a traffic cone

Candidate will then descend stairs and cross start
finish line

Candidate will ascend and descend stairs 3 times

Candidate must hit each step up and down for safety

Upon completion of this station time is stopped

Supplies:

100’ 2-1/2” hose in 2- 50’ rolls

Duct tape

Traffic cone

2 staff minimum

1 staff to spot candidate on stairs

1 staff to stage at top of stairs

Station #7

Swim

Candidate will swim 1 lap in an Olympic size indoor pool (down and back)

Candidate will swim fully clothed but will be permitted to remove shoes and socks

Candidate can use any technique to swim without touching bottom of pool

There is no time limit for swim station

Supplies:

Life rings or safety hooks

2 Personnel to monitor safety